

# September

LUNCH SERVED MONDAY—FRIDAY  
 11:30AM-12:00PM


SUGGESTED DONATION:  
 \$2.00 FOR AGE 60+

MILK SERVED WITH EACH LUNCH

C-1

(304) 296-9812

2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1		3 CHICKEN & DUMPLING CORN PEAS FRUIT	4 CHICKEN TETRAZINI PEAS & CARROTS SPINACH FRUIT	5 ENCHILADA PIE BLACK BEANS SPANISH RICE FRUIT	6 HOT DOG W/ CHILI BAKED BEANS GLAZED CARROTS FRENCH FRIES FRUIT	7
8	9 TUNA SALAD ON GREENS BEETS FRUIT	10 SOUP BEANS COLLARD GREENS CORNBREAD FRESH FRUIT	11 MEATBALL SUB ZUCCHINI FRIES GREEN BEANS FRUIT	12 BEEF STROGANOFF EGG NOODLES PEAS LIMA BEANS FRUIT	13 CILANTRO LIME CHICKEN FRIED RICE BROCCOLI CARROTS FRUIT	14
15	16 FRIED CHICKEN MAC N CHEESE SPINACH CREAMED CORN FRUIT	17 PULLED PORK SOUTHERN GREEN BEANS MAC N CHEESE WG BREAD FRUIT	18 BURRITO BOWL MARINATED BLACK BEAN SALAD FRUIT	19 SALISBURY STEAK MASHED POTATOES ROLL WINTER VEGETABLE FRUIT	20 SWEET & SOUR CHICKEN RICE ASIAN VEG EGG ROLL FRESH FRUIT	21
22	23 CHICKEN PARM SPAGHETTI STEWED TOMATO SIDE SALAD FRUIT	24 STUFFED CABBAGE MIXED VEG RED SKIN POTATOES FRUIT	25 PORK STIR FRY BROWN RICE 3 BEAN SALAD FRUIT	26 CRANBERRY CHICKEN ROASTED ROOT VEGETABLES MASHED POTATOES & GRAVY DINNER ROLL & BUTTER APPLE COBBLER & ICE CREAM	27 BAKED FISH SANDWICH COLESLAW TATER TOTS FRESH FRUIT	28
29	30 SAUSAGE GRAVY ON BISCUITS EGG SCRAMBLE BREAKFAST POTATOES ORANGE JUICE	1 LASAGNA BROCCOLI CAULIFLOWER BREADSTICK FRUIT	2 SWEDISH MEATBALLS W/EGG NOODLES BUTTERED PEAS STEWED TOMATOES DINNER ROLLS APPLESAUCE	3 CHICKEN ALFREDO GARLIC BREAD CARROTS PEARS FRUIT JUICE	4 STEAK & CHEESE W/ ONIONS & PEPPERS WG ROLL FRESH VEGETABLE FRESH FRUIT	5

