

NOVEMBER

MENU SUBJECT TO CHANGE WITHOUT NOTICE

LUNCH SERVED MONDAY—FRIDAY
 11:30AM-12:30PM


SUGGESTED DONATION:
 \$2.00 FOR AGE 60+

MILK OR DAIRY SERVED WITH EACH LUNCH

(304) 296-9812

2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 TERIYAKI CHICKEN VEGETABLE RICE BROCCOLI EGG ROLL FRUIT	2 BAKED POTATOES W/ TOPPINGS CHILI & CRACKERS BROCCOLI & CHEESE FRUIT	3 BAKED FISH RICE CARROTS KALE	4 TUNA SALAD SANDWICH CHIPS FRESH TOMATOES FRESH FRUIT	5
	7 LOADED POTATO SOUP YOGURT PB & CRACKERS FRUIT JUICE	8 BAKED PORK PEAS SPINACH COOKIE FRUIT	9 CRISPY CHICKEN SALAD BREAD STICK FRUIT	10 SLOPPY JOE SWEET POTATO WEDGES FRESH VEGETABLE	 <p>WE WILL BE CLOSED ON NOVEMBER 11, VETERANS DAY <i>Thank you for your service</i></p>	
12	14 CHILI DOG FRENCH FRIES BAKED BEANS FRUIT	15 BAKED HAM SWEET POTATOES GREEN BEANS ROLL W/ BUTTER BAKED APPLES	16 CHICKEN SALAD PITA BREAD POTATO SALAD FRESH BROCCOLI	17 TUNA CASSEROLE PEAS CARROTS	18 PEPERONI ROLL SALAD V-8 JUICE FRESH FRUIT	19
	21 FISH MAC & CHEESE COLE SLAW BAKED BEANS FRUIT	22 BAKED TURKEY MASHED POTATOES W/ GRAVY STUFFING GREEN BEANS ROLL W/ BUTTER	23 BAKED SPAGHETTI W/ MEATBALLS SPINACH SALAD MIXED VEG PINEAPPLE FLUFF	24  <p>Closed Thursday & Friday HAPPY THANKSGIVING Have a wonderful holiday!</p>	 <p>There's <i>always</i> SOMETHING TO BE thankful FOR</p>	
27	28 MEATLOAF MASHED POTATOES & GRAVY BAKED CARROTS ROLL W/ BUTTER	29 FRENCH TOAST EGGS STEWED TOMATOES HASH BROWNS	30 CLUB SANDWICH TOMATO SOUP CRACKERS FRESH VEGETABLES FRUIT SALAD	1 CHICKEN ALFREDO PASTA BROCCOLI & CAULIFLOWER SIDE SALAD	2 TACO SALAD W/ MEAT, BLACK BEANS SALSA, CORN TORTILLA CHIPS	
					 <p>HAPPY Thanksgiving</p>	

