

MENU SUBJECT TO CHANGE WITHOUT NOTICE

SNI
SENIOR MONGALIANS, INC.
www.seniormons.org

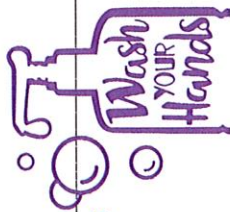





(304) 296-9812

July 2020

LUNCH SERVED MONDAY—FRIDAY
11:30AM-12:00PM

SUGGESTED DONATION:
\$2.00 FOR AGE 60+

2% MILK SERVED WITH EACH LUNCH

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>JUNE 28</p> 	<p>29</p> <p>MINI CORN DOGS FRENCH FRIES BROCCOLI APPLESAUCE</p>	<p>30</p> <p>PEPPER STEAK NOODLES, GRAVY GREEN BEANS, PEAS FRESH FRUIT</p>	<p>JUL 1</p> <p>BATTERED COD GARDEN RICE BRUSSEL SPROUTS YELLOW SQUASH APRICOTS</p>	<p>2</p> <p>CHEESEBURGER LETTUCE, ONION COLE SLAW 3BEAN SALAD FRESH FRUIT</p>	<p>3</p> 	<p>4</p> 
<p>5</p> <p>MEATLOAF WHEAT ROLL SCALLOP POTATOES MIXED VEGGIES PEARS</p>	<p>6</p> <p>CHICKEN PATTY, BUN LETTUCE, TOMATO MIXED VEGGIES MIXED FRUIT</p>	<p>7</p> <p>CHICKEN PASTA CARBONARA TOSSED SALAD FRESH PEPPERS FRESH FRUIT</p>	<p>8</p> <p>CHICKEN PASTA CARBONARA TOSSED SALAD FRESH PEPPERS FRESH FRUIT</p>	<p>9</p> <p>DELI TURKEY IN A TORTILLA SHELL CHIPS CARROTS & CELERY FRESH FRUIT</p>	<p>10</p> <p>POPCORN SHRIMP MAC & CHEESE PEAS & CARROTS BROCCOLI BLUEBERRY COBBLER</p>	<p>11</p>
<p>12</p>	<p>13</p> <p>CHICKEN TENDERS WHEAT BREAD TATER TOTS BRUSSEL SPROUTS MANDARIN ORANGES</p>	<p>14</p> <p>PASTA W/MEATBALLS GREEN BEANS ZUCCHINI APPLESAUCE</p>	<p>15</p> <p>CALZONE TOSSED SALAD FRESH FRUIT</p>	<p>16</p> <p>CHEF SALAD BREADSTICK FRESH FRUIT</p>	<p>17</p> <p>BAKED FISH GARDEN RICE SPINACH STEWED TOMATOES PEACHES</p>	<p>18</p>
<p>19</p> 	<p>20</p> <p>FISH STICKS WHEAT BREAD PEAS FRENCH FRIES MIXED FRUIT</p>	<p>21</p> <p>TERIYAKI CHICKEN RICE MIXED VEGETABLES FRESH FRUIT</p>	<p>22</p> <p>BAKED HAM WHEAT ROLL SWEET POTATOES GREEN BEANS CINNAMON APPLES</p>	<p>23</p> <p>CHILI DOG SAUERKRAUT CARROTS & CELERY FRESH FRUIT</p>	<p>24</p> <p>ROAST BEEF, GRAVY WHEAT BREAD MASHED POTATOES CORN PEARS</p>	<p>25</p> 
<p>26</p> 	<p>27</p> <p>BQ PORK RIB PATTY WHEAT BREAD SCALLOP POTATOES CARROTS APPLESAUCE</p>	<p>28</p> <p>SUPREME PIZZA TOSSED SALAD FRESH FRUIT</p>	<p>29</p> <p>TUNA IN A PITA RAW PEPPERS CELERY FRESH FRUIT</p>	<p>30</p> <p>CHICKEN CAESAR SALAD BREADSTICK PEACHES</p>	<p>31</p> <p>HAMBURGER BAKED BEANS GREEN BEANS CHERRY CRISP</p>	