

December

MENU SUBJECT TO CHANGE WITHOUT




LUNCH SERVED MONDAY—FRIDAY
 11:30AM-12:30PM

SUGGESTED DONATION:
 \$2.00 FOR AGE 60+

MILK OR DAIRY SERVED WITH EACH

(304) 296-9812

2024

SUNDAY	MONDAY	TUESDAY	WED	THURSDAY	FRIDAY	SATURDAY
<p>REQUIREMENT OF RECEIVING A HOME DELIVERED MEAL:</p> <p>IF YOU WILL NOT BE HOME TO ACCEPT YOUR MEAL, PLEASE CALL US THE NIGHT BEFORE AND LEAVE A MESSAGE.</p> <p>IF YOU CALL THE DAY OF, YOUR CALL MUST BE RECEIVED BY 8:30 AM.</p>				Merry Christmas		
		3 POT ROAST IN GRAVY MASHED POTATOES GREEN BEANS DINNER ROLL FRUIT	4 LEMON PEPPER CHICKEN SCALLOPED POTATOES CORN APPLE TURNOVER	5 PORK TENDERLOIN ROASTED RED SKIN POTATOES STEWED TOMATOES STRAWBERRY SHORTCAKE	6 BAKED COD MAC N CHEESE PEAS CARROTS FRESH FRUIT	
		10 SLOPPY JOE ON WHEAT BUN SWEET POTATO FRIES 3 BEAN SALAD BLUEBERRIES ON A BLONDIE	11 CHICKEN PARM PASTA W/ MARINARA BAKED DICED TOMATOES AND BASIL WG GARLIC BREAD-STICK FRUIT	12 BEEF STEW SAUTEED MUSH-ROOMS ROLL W/ BUTTER FRUIT CUP	13 HOT DOG & KRAUT BAKED BEANS BROCCOLI W/ CHEESE COTTAGE CHEESE FRESH FRUIT	14
		17 BEEF STEAK W/ ON-ION GRAVY MASHED POTATOES CANNIED CARROTS FRUIT	18 TUNA NOODLE CASSEROLE FRIED CABBAGE PEAS FRUIT	19 Festive Luncheon Honey Glazed Ham Candied Yams Mash Potatoes Ham Gravy Green Bean Casserole Dinner Roll & Butter Carmel Apple Blossom	20 ROTINI IN MEAT SAUCE STEWED TOMATOES ITALIAN BLEND VEGGIES YOGURT GARLIC BREADSTICK FRESH FRUIT	21
22	23 PHILLY CHEESE SUB-W/ ONION & PEP ROASTED BUFFALO CAULIFLOWER CREAMED SPINACH FRUIT	24		26 ITALIAN SAUSAGE SANDWICH WITH RED PEPPERS AND ONIONS ROASTED RED POTATOES BAKED BEANS FRUIT	27 TERRIYAKI CHICKEN FRIED RICE ASIAN VEG BLEND EGG ROLL FRESH FRUIT	28
	30 FISH SANDWICH ON WG/ BUN POTATO SALAD V-8 FRUIT	31 PORK & KRAUT CANNIED CARROTS POTATOES AU GRATIN FRUIT		2 SWEDISH MEATBALLS ROLL W/BUTTER PEAS BEETS FRUIT	3 CHICKEN ALFREDO OVER PASTA BROCCOLI & CAULIFLOWER SIDE SALAD FRESH FRUIT	4

You will get a hot meal for Monday and frozen meals for Tuesday and Wednesday.

We are delivering these Mondays.

On Tuesday, you will get a hot meal for that day and a frozen for Wednesday.

