

# MARK THE DATE....

## **Tuesday, December 3**

\*\*Glucose screening from 10:00—10:45 a.m. sponsored by Waterfront Family Pharmacy.

\*\*“Healthy Eating during the Holidays” presentation at 10:45 a.m. sponsored by Waterfront Family Pharmacy.

## **Wednesday, December 4**

\*\* “Safely Navigating in and around the House” presented by West Virginia Assistive Technology System—11:00 a.m.

## **Friday, December 6**

\*\*Movie matinee at 10:00 a.m.

## **Tuesday, December 10**

\*\*Presentation by the Veterans’ Administration about the Aid and Attendance program, a benefit for wartime veterans and their spouses---10:30 a.m. Question and answer period will follow.

## **Wednesday, December 11**

\*\*United Way senior food basket delivery to individual homes between noon and 2:00 p.m. (Must have signed up last month)

\*\*Holiday Nutrition presentation at 10:30 a.m.

## **Friday, December 13**

\*\*Volunteer meeting at 10:00 a.m.

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**Tuesday, December 17**

\*\*Christmas celebration and luncheon-- Activities begin at 10:00 a.m.  
Luncheon at 11:30 a.m. Lunch reservations taken beginning at 7:30 a.m.

**Wednesday, December 18**

\*\*Painting class sponsored by Amedisys at 10:00 a.m. (all supplies provided)

**Friday, December 20**

\*\*Tea party at 10:00 a.m.  
\*\*Entertainment by Senior Shufflers from 11:00—11:30 a.m.

**Tuesday, December 24**

CLOSED—Christmas Eve

**Wednesday, December 25**

CLOSED—Merry Christmas!

**Friday, December 28**

\*\*Hospice BINGO at 10:00 a.m.