

MARK THE DATE....

Tuesday, December 3

**Glucose screening from 10:00—10:45 a.m. sponsored by Waterfront Family Pharmacy.

**“Healthy Eating during the Holidays” presentation at 10:45 a.m. sponsored by Waterfront Family Pharmacy.

Wednesday, December 4

** “Safely Navigating in and around the House” presented by West Virginia Assistive Technology System—11:00 a.m.

Friday, December 6

**Movie matinee at 10:00 a.m.

Tuesday, December 10

**Presentation by the Veterans’ Administration about the Aid and Attendance program, a benefit for wartime veterans and their spouses--- 10:30 a.m. Question and answer period will follow.

Wednesday, December 11

**United Way senior food basket delivery to individual homes between 10:00 a.m. and 2:00 p.m. (Must have signed up last month)

**Holiday Nutrition presentation at 10:30 a.m.

Friday, December 13

**Volunteer meeting at 10:00 a.m.

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Tuesday, December 17

****Christmas celebration and luncheon--** Activities begin at 10:00 a.m.
Luncheon at 11:30 a.m. Lunch reservations taken beginning at 7:30 a.m.

Wednesday, December 18

****Painting class sponsored by Amedisys at 10:00 a.m. (all supplies provided)**

Friday, December 20

****Tea party at 10:00 a.m.**
****Entertainment by Senior Shufflers from 11:00—11:30 a.m.**

Tuesday, December 24

CLOSED—Christmas Eve

Wednesday, December 25

CLOSED—Merry Christmas!

Friday, December 28

****Hospice BINGO at 10:00 a.m.**